

ORTHOTICS AND PROSTHETICS

Mary Free Bed Orthotic and Prosthetic Services Come to You

To make O&P visits more convenient, Mary Free Bed Orthotics & Prosthetics provides services at a number of satellite locations. In addition to having satellite offices in Holland and Muskegon, Mary Free Bed O&P provides weekly clinics in Big Rapids and Hastings. Other locations include doctors' offices and schools, and our O&P staff can make hospital and nursing home visits. Satellite locations offer the same orthotic and prosthetic services as Mary Free Bed's main Grand Rapids office.

If a patient has mobility issues making getting to appointments difficult, Mary Free Bed O&P will schedule a home visit (wait time for an appointment may be longer). Should you have a patient with an urgent need, please contact 616.242.0315, and our staff will do their best to accommodate the patient.

Mary Free Bed O&P's prescription pads have contact information and maps to all satellite locations. For prescription pads or more information:

800.528.8989 or 616.242.0305
stephanie.millis@maryfreebed.com
www.maryfreebedoandp.com

Holland

Monday-Friday
8:30 a.m.-4:30 p.m.
12662 Riley Street, Suite 150
Serving orthotics and prosthetics patients

Holland Staff

Brent Tuinstra, Certified Orthotist
Mark Porth, Certified Prosthetist Orthotist
George Dornbos, Certified Fitter Orthotics
Tanya Povio, Patient Coordinator, RHIT

Muskegon

Monday, Wednesday, Thursday, Friday
8:30 a.m.-4:30 p.m.
1078 E Sternberg Road

Muskegon Staff

Mark Porth, Certified Prosthetist Orthotist
John Flynn, Certified Prosthetist Orthotist
Becky Meyer, Certified Orthotist
George Dornbos, Patient Coordinator and CFO

Big Rapids

Mondays and Thursdays
9:00 a.m.-5:00 p.m.
745 Watertower Road

Big Rapids Staff

Mark Porth, Certified Prosthetist Orthotist
John Flynn, Certified Prosthetist Orthotist

Hastings

First and third Friday of every month
Patients seen by appointment only
840 Cook Road

Hastings Staff

Rex Brown, Certified Orthotist
Kim Nequist, Registered Orthotic Assistant

River Valley Orthopedic (RVO) Offices

RVO Staff

Jenny Marcellus, Registered Technician
Orthotics
Stacy Eddy, Certified Fitter Orthotics

Area Schools

Ottawa Area Schools
Lincoln Schools
Ionia Schools

Mary Free Bed Orthotic and Prosthetic On Call Services

Because accidents aren't planned, Mary Free Bed Orthotics & Prosthetics offers 24/7 on-call service. If a patient needs O&P after-hours services, please call:

616.242.0300 or 800.528.8989

616.493.9830 [Request a Spanish or Vietnamese interpreter]

Please do not call pagers directly as service may be down.

Any questions regarding on-call services can be directed to: stephanie.millis@maryfreebed.com or by calling 616.242.0305.

Medicare's Recovery Audit Contractors (RAC)

Medicare RAC's have been in place for several years initiated to prevent Medicare waste, fraud and abuse. They were set up by the Centers for Medicare and Medicaid Services (CMS).

During a 3 year demonstration project covering the states of California, Florida, New York, Massachusetts, South Carolina, and Arizona, the RAC has collected over \$900 million in overpayments and nearly \$38 million in underpayments returned to health care providers.

This has been in place in Michigan auditing the Hospital coverage, and now they are targeting fraud and abuse in home health care agencies in Florida and suppliers of durable medical equipment, prosthetics and orthotics, (DMEPOS) in Florida, California, Texas, Illinois, Michigan, North Carolina, and New York. These additional steps include:

- Conducting more stringent reviews of new DMEPOS suppliers.
- Making unannounced visits to make sure they are actually in business.
- Implementing extensive pre and post payment audits.
- Validate claims submitted by physicians who order a large volume of DMEPOS items by sending follow up letters.
- Verifying the relationship between physicians who order a large volume of DMEPOS equipment or supplies, or home health visits and the beneficiaries for whom they ordered these services.

- Identifying and visiting high risk beneficiaries to ensure they are appropriately receiving the items and services for which Medicare is being billed.

This will also include documented medical justification for items ordered. This can effect our payment for orthotics and prosthetics provided, since the RAC auditors will be looking to *physician notes* as well to document *medical necessity*.

Foot Drop Devices May be Covered by Insurance

You may have heard of the NESS L300 or WalkAide® devices, designed to help patients with foot drop resulting from neurological disorders. In the past, these devices were not covered by most insurance companies and were fairly costly.

Now, there is a new HCPCS code for electrical stimulators, effective for date of service on or after January 1, 2009, which will allow coverage in some instances.

A functional electrical stimulator provides a current that result in the movement of a body part to accomplish a specific task such as walking or grasping. Products in this category can have a variety of electrical parameters such as current, voltage ranges, and waveforms.

Products that may be billed with this new code are those listed in the DMECS Product Classification List on the Pricing, Data Analysis, and Coding Contractor (PDAC) web site. Currently, the only products that are listed are the WalkAide and the NESS L300. The prescription for the WalkAide must be made with a diagnosis of spinal cord injury with ICD-9 codes of 806.00-806.9, 907.2, 952.00-952.9, with the following indications:

- Intact lower motor neuron units (L1 and below), both muscle and peripheral nerve involvement.
- Muscle and joint stability for weight bearing in upper and lower extremities who can demonstrate balance and control to maintain an upright support posture independently.
- Demonstrate brisk muscle contraction to neuromuscular electrical stimulation and have sensory perception of electrical stimulation sufficient for muscle contraction.
- Possess high motivation, commitment, and cognitive ability to use such devices for walking.
- Transfer independently and demonstrate independent standing tolerance for at least three minutes.
- Demonstrate hand and finger function to manipulate controls.

Foot Drop Devices May be Covered by Insurance - continued

- At least 6 months post spinal cord injury and restorative surgery.
- Hip and knee degenerative disease and no history of long bone fracture secondary to osteoporosis.
- Demonstrate a willingness to use the device long term.
- Completed a one-on-one training program with a physical therapist, which consists of at least 32 physical therapy sessions with the device over a period of three months. The training program must be conducted in an inpatient hospital, outpatient hospital, or outpatient rehabilitation facility.

Claims without a covered diagnosis code will be denied as not medically necessary.

For More Information
 Visit www.maryfreebedoandp.com/equipment.php and click on WalkAide, or contact Stephanie Millis at 616.242.0305. Mary Free Bed O&P is happy to provide an in-service at your facility at your convenience.

For more O & P news, you will find our current and back issues of the Orthotics and Prosthetics Clinical Bulletin on our website: www.maryfreebedoandp.com

Look under the “News” tab.

The image shows two covers of the 'Clinical Bulletin' journal. The top cover is titled 'ORTHOTICS' and features a photo of a child in a brace. The bottom cover is titled 'SATELLITE OFFICES' and features a photo of a building. Both covers include the Mary Free Bed logo and contact information.

STAFF CONTACTS

Orthotics

- John Flynn, CPO – Clinical Manager 616.459.1810
- Rex Brown, CO – Pediatrics 616.356.1886
- Doug Richardson, CO – Spinal Deformities and Brain Injury 616.242.0315
- Becky Meyer, CO – Spinal and Pediatrics 616.242.9213
- Brent Tuinstra, CO – Pediatrics and Plagiocephaly 616.493.9823
- Ethan Leavitt, CO – 616.242.0457
- Larry Dubinshak, CPed – 616.356.1884
- Becky de Longpre, CPed – 616.356.1894
- Stacy Eddy, Assistant – River Valley Orthopedics 616.493.9698
- Jennifer Marcellus, Assistant – River Valley Orthopedics 616.233.1117

OrthoSEAT

- Karen Gora MPA, OTR, ATP, Clinical Manager 616.242.0347
- Steve Anderson – Production Supervisor 616.456.4847
- Joel Allchin, SLP – 616.242.0342
- Peggy Barbour, OTR – 616.356.1907
- Mary Hamell, COTA – 616.456.4843
- Lisa Newhouse, OTR – 616.242.9278
- Amy Ortego, OTR – 616.242.9289

Prosthetics

- Patrick Nimphie CPO (Clinical Manager 616-356-1865)
- Mark Bennett CPO (Staff Prosthetist 616-242-0437),
- David Firlik CP (Upper Extremity 616-242-0453),
- Tony VanEss CP (Pediatrics 616-242-0461),
- John King CP (Trans Femoral 616-242-9240).

Rehab Technology Center

- Karen Gora MPA, OTR, ATP, Clinical Manager 616.242.0347
- Matthew Scholtens – Assistive Technology Specialist 616.356.1892
- Cara Masselink, OTR - 616.793.9750
- Denise Langton, SLP - 616.493.9753

Orthotics & Prosthetics Muskegon / Holland Satellites

- Mark Porth CPO, FAAOP – Clinical Manager 616.392.6240

In-service Requests

- Stephanie Millis – Marketing Specialist 616.242.0305

